

## CURRICULUM VITAE

CATALINA E. KOPETZ

October 2019

### PERSONAL DATA

---

#### Position

Associate Professor  
Department of Psychology  
Wayne State University

#### Address

Department of Psychology  
Wayne State University  
5057 Woodward Ave. 8<sup>th</sup> Floor  
Detroit, MI 48202  
Office Phone: 313-577-0962  
E-mail address: catalina.kopetz@wayne.edu

### EDUCATION

---

Ph.D. in Social Psychology, University of Maryland, College Park (2007)  
M.A. in Social Psychology, University of Maryland, College Park (2002)  
M.A. in Experimental Psychology, Universite de Savoie, Chambéry, France (2000)  
B.A. in Psychology, “Babes-Bolyai” University, Cluj-Napoca, Romania (1998)

### PROFESSIONAL EXPERIENCE

---

Research Assistant Professor, Center for Addictions, Personality, and Emotion Research  
University of Maryland, College Park, 2011-2013  
Visiting Assistant Professor in Applied Psychology, Department of Clinical Psychology  
“Babes-Bolyai” University, Cluj-Napoca, Romania, 2009-2013  
Postdoctoral Fellow, University of Maryland, College Park (2008 – 2011)  
Graduate Assistant, University of Maryland, College Park (2001-2007)  
Visiting Research Fellow, Universite de Savoie, Chambéry, France (2001)  
Faculty Research Assistant, “Babes-Bolyai” University, Cluj-Napoca, Romania (1998-2001)

### HONORS AND AWARDS

---

Wayne State University, Competitive Graduate Assistantship, 2018-2019  
Fellow of the Society for Experimental Social Psychology, 2014  
National Institute of Drug Abuse (NIDA) Director’s Award, 2010  
Society for Personality and Social Psychology, Diversity Fund Travel Award, 2002  
Society for Personality and Social Psychology, Student Travel Award, 2002  
Graduate Student Award, University of Maryland, 2002  
Teaching and Research Fellowship, French Department of Education, 2001  
Graduate Fellowship, Romanian Government, 1999-2000

## **EXTERNAL FUNDING**

---

“Mechanisms underlying intermittent compared to daily smoking”

National Cancer Institute (R21CA222939-01), 2018-2020

Role: Principal investigator

“Mechanisms underlying intermittent compared to daily smoking”

Wayne State University, Office of the Vice President for Research, 2017-2018

Role: Principal investigator

“Early psychosocial deprivation and risk taking among adolescents in Romania”

International Research Collaboration on Drug Abuse and Addiction Research, National Institute of Drug Abuse (1R21DA031357-01), 2012-2016

Role: Principal investigator

“Mechanisms of change”; Administrative Supplement for “Stage II trial of novel behavioral activation intervention for smoking cessation”

National Institute on Drug Abuse (R01DA018730-06S1), 2012-2013

Role: Principal investigator

“Translating drinking and driving risk information into risk perception”

National Institute on Alcohol Abuse and Alcoholism (R01 AA020510-01A1), 2012-2017

Role: Co- investigator

“Reducing the association between crack cocaine and sex exchange through automatic counteractive self-Control”

College of Behavioral and Social Sciences, Dean’s Initiative, 2011-2012

Role: Principal investigator

“Risk taking propensity and distress tolerance in risk behavior among adolescents in Romania”

Children’s Hospital Boston Sub-award (05-86011-000-HCD), 2010-2011

Role: Principal investigator

“Implicit and explicit mechanisms in crack cocaine and sex trade association”

Ruth L. Kirschstein National Research Service Awards (NRSA) For Individual Postdoctoral Fellows, National Institute of Drug Abuse (1F32DA026253-01), 2009-2011

Role: Principal investigator

## **PROFESSIONAL MEMBERSHIPS**

---

Society for Experimental Social Psychology

Society for the Science of Motivation

Elected Council member

Society for Personality and Social Psychology

Association for Psychological Science

## PUBLICATIONS

---

### Journal articles

- Roberson, J., Spielmann, S. S., Kopetz, C. (accepted). When More Means Less: The Impact of Instrumentality Dilution on Evaluations of Romantic Relationships. *Comprehensive Results in Social Psychology*.
- Kopetz, C., Woerner, J. I., MacPherson, L., & Lejuez, C. W., Nelson, C. A., Zeanah, C. H., & Fox, N. (2018). Early psychosocial deprivation and adolescent risk-taking: The role of motivation and executive control. *Journal of Experimental Psychology: General*; 10.1037/xge0000486.
- Kopetz, C., Woerner, J. I., Starnes, W., & Dedvukaj, J. (2018). It's risky, therefore I do it: Counterfinality as a source of perceived instrumentality of risk behavior as means to goals. *Journal of Experimental Social Psychology*; <https://doi.org/10.1016/j.jesp.2018.08.001>.
- Kopetz, C., Woerner, J. I., Briskin, J. L. (2018). Another look at impulsivity: Could impulsive behavior represent strategic goal pursuit? *Social and Personality Psychology Compass*; e12385. <https://doi.org/10.1111/spc3.12385>
- Briskin, J. L., Kopetz, C., Fitzsimons, G. M., & Slatcher, R. B. (2017). For better or for worse: Outsourcing self-regulation and goal pursuit. *Social and Personality Psychological Science*. doi:10.1177/1948550617736112
- Johnson, M., & Kopetz, C. (2017). The unintended effects of providing risk information about drinking and driving. *Health Psychology*, 36(9), 872-880.
- Kopetz, C., MacPherson, L., Mitchell, A. D., Huston-Ludlam, A., Wiers, R. W. H. J. (2017). A novel alternative behavior approach bias modification intervention for smoking cessation: The relevance of implicit mechanisms. *Experimental and Clinical Psychopharmacology*, 25, 50-60.
- Schumpe, B. M., Brizi, A., Giacomantonio, M., Panno, A., Kopetz, C., Kosta, M., & Mannetti, L. (2017). Need for cognitive closure reduces risk taking and motivates discounting of delayed rewards. *Personality and Individual Differences*, 107, 66-71.
- Woerner, J. I., Kopetz, C., Lechner, W., & Lejuez, C. W. (2016). History of abuse and risky sexual behavior among substance users: The role of rejection sensitivity and the need to belong. *Addictive Behaviors*, 62, 73-78.
- Kopetz, C., Collado, A. C., & Lejuez, C. W. (2015). When the end justifies the means; Automatic tendencies toward sex-trade for crack cocaine. *Motivation Science*, 1(4), 233-243.
- Kopetz, C. & Orehek, A., E. (2015). When the end justifies the means; Self-defeating behavior as “rational” and “successful” self-regulation. *Current Directions in Psychological Science*, 24(5), 386-391.
- Kruglanski, A. W., Chernikova, M., Kopetz, C. (2015). Emerging trends in motivation science: The “What“ and the “How“ of willing and striving. In Scott, R. & Kosslyn, S. (Eds.). *Emerging Trends in the Social and Behavioral Sciences*. John Wiley & Sons, Inc.
- Kruglanski, A. W., Chernikova, M., Rosensweig, E., Kopetz, C. (2014). On motivational readiness. *Psychological Review*, 121, 367-388.
- Kopetz, C., Hofmann, W., & Wiers, R. W. (2014). On the selection and balancing of multiple selfish goals. Commentary. *Behavioral and Brain Sciences*, 37, 147-148.
- Kopetz, C., Pickover, A., Magidson, J., Richards, R., Iwamoto, D., & Lejuez, C. (2014). Gender and social rejection as risk factors for engagement in risky sexual behavior among crack cocaine users. *Prevention Science*, 15(3), 376-384.
- Kopetz, C., Lejuez, C. W., Wiers, R., & Kruglanski, A. W. (2013). Motivation and self-regulation in addiction. *Perspectives in Psychological Sciences*, 8(1), 3-24.
- Kruglanski, A. W., Kopetz, C., Belanger, J., Chun, W. Y., Orehek, E., & Fishbach, A. (2013). Features of Multifinality: Effects of Goal Plurality on Means Preferences. *Personality and Social Psychology Review*, 17(1), 22-39
- Kopetz, C., Kruglanski, A. W., Arens, Z., Etkin, J. & Macrea-Jonhson, H. (2012) A goal-systemic

- approach to consumer behavior. *Journal of Consumer Psychology*, 22, 208-223.
- Kruglanski, A. W., Belanger, J., Chen, X., Kopetz, C., Pierro, A., & Mannetti, L. (2012). The Energetics of Motivated Cognition: A Force Field Analysis. *Psychological Review*, 119(1), 1-20.
- Kopetz, C., Faber, T., Fishbach, A., & Kruglanski, A. (2011). Multifinality Constrains Effect: How Goal Multiplicity Narrows the Means Set to a Focal End. *Journal of Personality and Social Psychology*, 100(5), 810-826.
- Buckner, J. D., Proctor, S., Reynolds, E. K., Kopetz, C. & Lejuez, C.W. (2011). Cocaine Dependence and Anxiety Sensitivity among Patients Presenting for Residential Drug Use Treatment. *Journal of Cognitive Psychotherapy*, 25(1), 22-30.
- Kopetz, C., Reynolds, E. K., Hart, C. L, Kruglanski, A. W., & Lejuez, C. W. (2010). Social context and perceived effects of drugs on sexual behavior among individuals who use both heroin and cocaine. *Experimental and Clinical Psychopharmacology* 18(3), 214-220.
- Kopetz, C. & Kruglanski, A. W. (2008). Effects of accessibility and instantiation on the use of piecemeal and category information in impression formation. *Personality and Social Psychology Bulletin*, 34(5), 692-705.
- Kopetz, C., Kruglanski, A. W. Chen, X., & Orehek, E. (2008). Goal systemic effects in the context of choice and social judgment. *Social and Personality Psychology Compass*, 2(6), 2071-2089.
- Desrichard, O. & Kopetz, C. (2005). A threat in the elder: The impact of task instructions and self-efficacy on memory performance in the elderly. *European Journal of Social Psychology*, 35(4), 537-552.
- Kopetz, C. (2001). The psychometric characteristics of Memory Self-Efficacy Questionnaire on Romanian sample. *Studia Universitatis*, 29(1).
- Kopetz, C., & Matei, A-M. (2000). The influence of collaboration on the improvement of children's planning performance. *Erdelyi Pszichologiai Szelme (Transylvanian Journal of Psychology)*, 1(3), 55-66.
- Kopetz, C. (2000). Inhibition and cognitive planning as factors of age related and intellectual differences in cognitive performance. *Creier, Cognition, Comportament (Brain, Cognition, Behavior)*, 4(3-4), 171-195.

### **Books and chapters**

- Kopetz, C. (2017). Risk and self-Defeating Behaviors As Goal Pursuit Rather Than Regulatory Failure. In Kopetz, C. and Fishbach, A. (Eds.). *The motivation-cognition interface; From the lab to the real world. A Festschrift in honor of Arie W. Kruglanski* (pp. 106-130) New York, NY: Routledge.
- Kopetz, C. & Fishbach, A. (2017). *The motivation-cognition interface; From the lab to the real world. A Festschrift in honor of Arie W. Kruglanski*. New York, NY: Routledge.
- Kopetz, C. (2016). Motivation and self-regulation mechanisms in addiction. In C. Kopetz & C. W. Lejuez (Eds.) *Addictions: A Social Psychological Perspective* (pp. 47-75). New York, NY: Routledge.
- Kopetz, C. & Lejuez, C.W. (Eds.) (2016) *Addictions: A Social Psychological Perspective (Frontiers of Social Psychology)*. New York, NY: Routledge.
- Kruglanski, A. W., & Kopetz, C. (2010). Confronting the self-control challenge: Unpacking the dilemma and its modes of resolution. In R. Hassin, K. Ochsner, & Y. Trope (Eds.) *Self-control* (pp. 297-311). Oxford University Press.
- Kruglanski, A. W., & Kopetz, C. (2009). What is so special (and non-special) about goals? A view from the cognitive perspective. In G. B. Moskowitz and H. Grant (Eds.) *Goals* (pp. 27-55). New York: Guilford Press.
- Kruglanski, A. W., & Kopetz, C. (2009). The role of goal-systems in self-regulation. E. Morsella, J. A. Bargh, & P. M. Gollwitzer (Eds.) *The psychology of action (Vol 2): The mechanisms of human action* (pp. 350-367). Oxford University Press.

### Under review

- Kopetz, C., Briskin, J. L., & Sultana, & R. Stanciu, S. (2019). *The motivational mechanisms underlying delayed discounting*. Under review at Journal of Personality and Social Psychology.
- Kruglanski, A. W., Szumowska, E., Kopetz, C., Belanger, J. J., Vallerand, R. J., & Pierro, A. *On the psychology of extremism*. Under review at Psychological Review.

### In preparation

- Woerner, J. I., Kopetz, C., & Arriaga, X. (2018). *Interpersonal victimization and sexual risk-taking among women: The role of attachment style and regulatory focus*. Manuscript in preparation
- Kopetz, C. Woerner, J. I., Johnson, M., Jonas, K. (2017). *Risk behavior as strategic goal pursuit*. Manuscript in preparation.

### **INVITED PRESENTATIONS**

---

It's risky, therefore I do it: Counterfinality as a source of perceived instrumentality of risk behavior as means to goals

Invited talk at the Departmental Colloquium, University of Sapienza, Rome, Italy (July, 2018)

Invited Seminar, Helmut Schmidt University, Hamburg, Germany (May, 2018)

Self-defeating behavior as goal pursuit

Invited talk at the Departmental Colloquium, University of Lausanne, Lausanne, Switzerland (March, 2018)

Invited Seminar, Helmut Schmidt University, Hamburg, Germany (May, 2018)

Self-defeating behavior as goal pursuit

Invited talk at the Departmental Colloquium, New York University, Abu Dhabi (April, 2017)

Risky sexual behavior as means to the goal of interpersonal connection

Invited talk at the Departmental Colloquium, University of Cologne (November, 2016)

Another look at impulsivity; Could Impulsive behavior be strategic?

Invited talk at the Research Center for Group Dynamics, University of Michigan (October, 2015)

Another look at impulsivity; Could Impulsive behavior be strategic?

Invited talk at the Departmental Colloquium, University La Sapienza, Rome (July, 2015)

Self-control success and failure. Implications for understanding and changing self-defeating behavior

Invited Symposium at the European Congress of Psychology, Milan, Italy (July, 2015)

Risk Behavior as motivated cognition and action

Invited presentation at the Society for Experimental Social Psychology, Columbus, OH. (October, 2014)

For better or for worse; Resource mobilization for motivated cognition and action

University of Pittsburgh, Social Psychology Brown Bag (January, 2015)

Risk-taking as motivated cognition and action

Université Pierre-Mendes, France, Department of Psychology (March, 2012)

Mechanisms of self-regulation: Implications for choice and risk behavior

University of Maryland, R.H. Smith School of Business, Department of Marketing (October, 2011)

Cognitive and motivational self-regulatory processes in risky behavior

Yale University, Department of Psychiatry, Division of Substance Abuse (January, 2011)

Self-regulation of risky behavior

University of Maryland, Baltimore VA Medical Center (March, 2010)

Theoretical and methodological aspects of priming research in social psychology

University of Maryland, Social and Organizational Psychology Brown Bag (Oct., 2008)

Conflict, multifinality and choice: A goal systemic analysis of eating behavior

Annual Meeting of Society for Experimental Social Psychology, Boston, MA (Oct., 2003)

## **EDITORIAL SERVICE**

---

### **Consulting Editor:**

Comprehensive Results in Social Psychology

### **Ad-Hoc Reviewer:**

Journal of Personality and Social Psychology

Motivation Science

Current Directions in Psychological Science

Personality and Social Psychology Review

Psychological Bulletin

Social Psychological and Personality Science

Journal of Consumer Psychology

Journal of Experimental Social Psychology

Journal of European Social Psychology

Psychological Science

Motivation and Emotion

Social Psychology

Social Cognition

Journal of Behavioral Decision Making

Personality Disorders: Research, Theory, and Treatment

## **GRANT PANELS**

---

National Science Foundation (reviewer)

Social Sciences and Humanities Research Council of Canada (reviewer)

French National Agency for Research (Agence Nationale de la Recherche) (reviewer)

Romanian National University Research Council (panel member)

## **TEACHING**

---

### **Current courses:**

Introduction to Social Psychology (undergraduate and graduate level)

Social Cognition (graduate level)

### **Past courses:**

Motivation and Self-regulation (undergraduate and graduate level)

Research Methods (undergraduate level)

Clinical Cognitive Sciences (graduate level)